

## Scottish Student Trampoline Rules 2017/18

### TRA 1 Individual Championships

The championship shall run under the following rules:

TRA 1.1 The Championships will be organised as 4 League competitions including the Scottish Open.

TRA 1.2 There will be six levels of competition, Novice, Intermediate, Intervanced, Advanced, Elite and Pro-Elite in both the Women's and Men's categories.

TRA 1.2.1 Institutions are reminded that competitors should be entered at their appropriate level. Levels are assessed as having competed within the last two seasons. Competitors may compete above their level. Checks will be made as necessary. If an Institution enters a competitor at an inappropriate level the competitor will be treated as a guest.

TRA 1.3 The compulsory routines are: See attached diagram.

TRA 1.4 Each competitor shall complete the compulsory routine and a voluntary routine within the criteria.

TRA 1.5 The voluntary and compulsory routine shall consist of ten skills as defined by FIG.

TRA 1.6 Each competitor shall have one attempt at each routine unless the routine is interrupted by circumstances outside their control as agreed by the chair of judges.

TRA 1.7 All competitors are required to present themselves for competition clothed in correct attire:

TRA 1.7.1 Novice, Intermediate and Intervanced Ladies – Leotard, Leotard and Shorts or Shorts and T-shirt tucked in.

TRA 1.7.2 Advanced, Elite and Pro-Elite Ladies – Leotard or Leotard and Shorts.

TRA 1.7.3 Novice, Intermediate and Intervanced Men – Leotard and trampoline trousers, Leotard and Shorts or Shorts and T-shirt tucked in.

TRA 1.7.4 Advanced and Elite and Pro-Elite Men– Leotard and trampoline trousers or Leotard and Shorts.

TRA 1.8 The individual championship will be awarded to the competitor with the highest total of their 3 highest scores over the 4 competitions.

TRA 1.9 Routines will be performed on either 4mm, 6mm x 4mm or 6mm beds. The Chair of Judges Panel is empowered to require a competitor to delete skills from a routine if he/she deems them to be unsafe in any way. Team Captains/Head Coaches are required to confirm the competence of competitors on the entry form

TRA 1.10 Individual tie breaker rules are as followed:

TRA 1.10.1 The gymnast with the highest final score in the 2nd routine.

TRA 1.10.2 The total of the counting execution judges' scores in the 2nd routine (higher execution score of the second routine).

TRA 1.10.3 The total of all the execution judges' scores (4) of the 2nd routine without eliminating the highest and the lowest score.

TRA 1.10.4 The total of the 3 highest execution judges' scores of the 2nd routine.

TRA 1.10.5 The total of the 2 highest execution judges' scores of the 2nd routine and so on until the tie is broken.

TRA 1.11 When a competitor receives a move up score twice, they will be required to move up a category.

TRA 1.11.1 Novice move up score 50.0

TRA 1.11.2 Intermediate move up score 51.0

TRA 1.11.3 Intervanced move up score 52.0

TRA 1.11.4 Advanced move up score 53.0

TRA 1.11.5 Elite move up score 55.0

TRA 2 Team Competition

TRA 2.1 The top four form (including HD) scores from each institution will be selected to make up the team for League 1, 2, 3 and 4.

TRA 2.1.1 Team members can be either male or female and compete in any category.

TRA 2.1.2 Team score is the total form score of both set and voluntary (does not include tariff).

TRA 2.2 The team competition for the Open competition at SSTO will be pre-selected by institutions and submitted with all other entries by the entry deadline.

TRA 2.3 Team tie breaker rules will apply to the 4 highest scoring members of the team and are as follows:

TRA 2.3.1 Highest 4 total voluntary form scores.

TRA 2.3.2 Highest 3 total voluntary form scores.

TRA 2.3.3 Highest 2 total voluntary form scores.

TRA 2.3.4 Highest voluntary form scores.

TRA 3 SSS Cup

TRA 3.1 The Institution with the highest number of points after all 4 competitions will receive the cup

TRA 3.2 Points will be awarded as follows:

TRA 3.2.1 Gold - 3 points; Silver – 2 points; Bronze – 1 point.

TRA 3.2.2 Points/Medals will only be awarded if the competitor completes 10 skills in each routine (as per the BG rules 2016)

TRA 3.3 Cup tie breaker rules are as follows:

TRA 3.3.1. The institution with the largest number of points scored from Gold medals only.

TRA 3.3.2 The institution with the largest number of points scored from Gold and Silver medals only.

#### TRA 4 Guide to Competition Rules

TRA 4.1 Marking shall be according to the British Gymnastics Rules and International Tariffing Values at the discretion of the Chair of Judges on the day. The full rules ('Code of Points') are available from British Gymnastics.

TRA 4.2 Time of flight will not be used in any category.

TRA 4.3 An arm set will not be required in any category.

TRA 4.4 Where a performer in Novice, Intermediate, Intervanced or Advanced deviates from the required compulsory routine, the routine will be considered interrupted and the maximum mark will be determined according to the number of skills performed up to this point.

TRA 4.5 Where an element is repeated in the compulsory routine, a 1.0 penalty will be applied to each execution judge.

TRA 4.6 Where a performer in Elite and Pro-Elite fails to complete the required elements of the compulsory routine, a deduction of 1.0 per execution judge will be made for each failed element.

NOTE: Failure to do an element of 270° of somersault rotation landing on front or back, followed by an element of 450° somersault rotation will only result in a deduction of 1.0 per execution judge