

# SCOTTISH STUDENT SPORT



ACTIVE • COMPETITIVE • INNOVATIVE

## Joining The Tribe 2020 - 2021



# WELCOME TO THE TRIBE

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**Hello and welcome!** It's great to have your interest in Scottish Student Sport (SSS) - an organisation that I'm honoured to work for and represent. The aim of this short document is to explain a little more about what we do, in the hope that you too will become part of 'The Tribe'.

Our aim is to add value to your work and to help you realise the ambitions you have for physical activity and sport across your institution, and the communities you serve.

SSS is a dynamic membership organisation, serving a connected and thriving network of students, staff and volunteers from across Scotland's Colleges and Universities.

We are blessed with a small but dedicated team of staff who do all they can to respond to your needs - and to create valuable partnerships with other organisations in education and sport, including **sportscotland**, Scottish Funding Council and British Universities and Colleges Sport (BUCS).

SSS has proved itself to be a key part of Scotland's Sporting System.

We are at the heart of the development of sport and are continually working with and influencing Governing Bodies of Sport and other national partners to strengthen what we do.

Above all we are keen to support your students to make student sport better for themselves - ensuring that activity remains a visible and valued part of the modern student experience.

It has never been a more important time to make this a priority and I look forward to the prospect of working with you to make meaningful progress this year.

Should this introductory document leave you with any queries then I would be very pleased to hear from you directly at any time.

With very best wishes meantime for a purposeful and engaging start to the year.

**Stew Fowlie**  
Chief Operating Officer  
07903 891497  
[stew@scottishstudentsport.com](mailto:stew@scottishstudentsport.com)



# Development

Providing members with tailored, quality assured services and friendly, flexible support. By sharing expertise and experience across our membership we aim to create new opportunities and continually develop student sport, adding value to your work.

## SUPPORT

- Best practice examples across various areas of student sport (club development, governance, communications etc)
- Access to network events (e.g. conference) and other training/workshop opportunities to meet peers and share ideas
- Support and upskill key student leaders

## PARTNERSHIPS

- Harnessing local partnerships to develop student sport
- National agreements in place with Scottish Governing Bodies and others - aimed at improving quality and value in student sport
- Subsidised and coordinated access to student workforce projects including Reffin' Brilliant

## 2020 - 21

### Equality Projects

We will continue focusing on Women in Sport and Disability Inclusion. BAME is a new area we will be focusing on with partners (BUCS & Show Racism The Red Card)

### Developing People

Supporting staff and students via projects including SSS Leadership Programme, mentoring and Reffin' Brilliant

### CHANGES

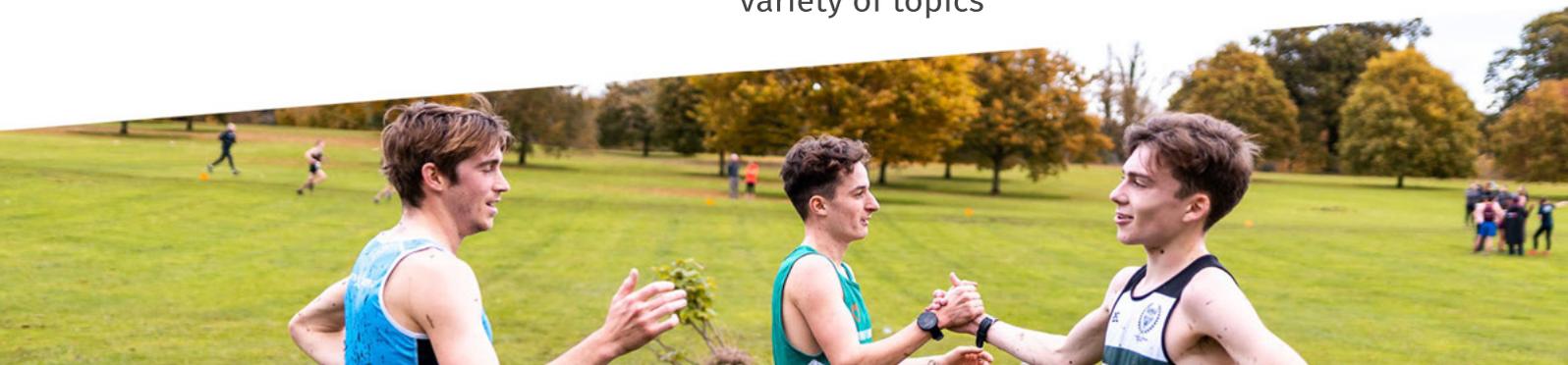
Advancing our work with CHANGES in Scotland to positively affect culture change around hazing and initiations

### Healthy Body Healthy Mind

Build on the success of the 19/20 relaunch and support institutions to move through the framework

### Webinars

Launching a new webinar series focusing on a variety of topics



# Competitions

Providing Scotland's students with high-quality competitive sports opportunities that are genuine value for money. Working closely with members and partners to support a multi-sport programme fit for all abilities at both a regional and national level.

## EVENTS

- Student focused competition across 35 different sports
- 50+ sports events per year with subsidised entry fee
- Opportunities for students to engage in the delivery of multi-sport events.
- Share and engage with sport related staff from other colleges and universities

## FIXTURES

- Access to low cost, high value sports fixtures (recreational and competitive). All events tailored to regional needs/wishes
- Affiliate college membership of BUCS provided through SSS at no 'central' cost (team entry fees only), allowing entry to the BUCS team league programme
- Flexible competition structure to provide students the opportunity to engage in a range of different activities.

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## 2020 - 21

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- Work closely with our appointed Sports Chairs and Competitions Committee to enhance the sports offering to students studying in Scotland.
- Continue to represent the views of the Scottish region in BUCS and other partner meetings.
- Establish a pathway for students to engage with specific Scottish Governing Body competitions at both a competitive and elite level.



# Advocacy

Representing the interests of student sport by engaging partners, managing strategic relationships and providing leadership across sport and education.

We aim to positively influence members and partners alike to extend their commitments to physical activity and sport, so that the full potential of the student sector may be achieved.

## EVIDENCE

- Support your strategic planning for sport and physical activity at senior management level (demonstrating value of sport to education)
- Provide access to nationwide data and research on topics including activity levels, wellbeing, equality and funding of student sport
- Give access to models of best practice and support networks across Scotland, UK and Europe

## INFLUENCING

- Regional and national advocacy work with SGBs and other partners (demonstrating value of education to sport)
- Formal and informal representation of further and higher education to **sportscotland** and local and national government
- Access to wider networks through affiliation to the Scottish Sports Association and the Cross Party Group on Sport
- Multi-platform comms output to share your good news, promote your vacancies and inform your work

2020 - 21

- Advance existing and develop new partnerships with Scottish Governing Bodies of Sport
- Free participation in the *SSS College Sport Award*
- Continue to develop proof of the value of physical activity and sport – building on active student survey and other existing evidence
- Work closely with College Development Network to establish relationships at Principal and Senior manager level
- Demonstrate the impact our collective work is having through high quality evaluation and publication of headline statistics





# Benefits

Stronger structures for physical activity and sport

Increased student engagement

Equality of opportunity for all students

Greater levels of external support to student sport

Leadership and development opportunities for students and staff

Enhanced student experience

Greater opportunities for students to compete and represent their institution

Maximise use of existing resources

Improve student retention and satisfaction

Improved employability and skill development

Improved health and wellbeing for the student population

Stronger sense of community, identity and belonging

Greater opportunities to achieve success as individuals and teams



# Don't just take our word for it...

***'The student experience would be weaker overall for member institutions without support of SSS.'***

*'The sea change that has occurred in the profile, quality, quantity and impact of student sport since SSS was established has been amazing. They have truly been game-changers in revolutionising the sector. All of their efforts and their good example makes student sport and exercise a great place to work.'*

***'SSS raised the profile of sport within our institution and helped us build a strong foundation to keep momentum going for the coming year.'***

*'SSS have enabled students who may not play at university level in their sport to still have competitive opportunities. They have provided options for people who just want to play a sport recreationally, and have shown that sport is for everyone.'*

***'The most exciting thing about going to university was getting the opportunity to do so many different things. Say yes to as much as you can – try stuff and keep trying. I was so grateful that I really enjoyed my degree, but more so that I found this new passion for sport through rowing.'***  
***- Dame Katherine Grainger -***

*'I feel SSS is a great support network and the staff help instil confidence in all the volunteers which makes it easier to get involved with sport and take on a leadership role.'*

***'The relationship we have with SSS is great. Out of our World Cup Squad 20/23 players studied academically. We as a national governing body have a lot to thank our higher and further education establishments.'***  
***- Shelley Kerr MBE -***

*'SSS have been tireless in their commitment to be the voice of student sport in Scotland. They have been, and continue to be, strong and powerful advocates for the value of student sport, championing our cause with key groups.'*





# Get in touch!

Scottish Student Sport  
3rd Floor, 48 Pleasance  
Edinburgh EH8 9TJ

[info@scottishstudentsport.com](mailto:info@scottishstudentsport.com)  
[www.scottishstudentsport.com](http://www.scottishstudentsport.com)



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