

	Race: 1 J13	3 minutes		5
09:00	Heat: 1 of 1			
Erg Number	Name	Club	Event	
6	Erin Cunningham	Loch Lomond RC	231 \	Women's J13
7	Sophia Nielsen	GSRC	231 \	Women's J13
8	Katie Barbour	Clydesdale ARC	231 \	Women's J13
9	Maddy West	Strathclyde Park RC	231 \	Women's J13
10	Emma McAuley	Strathclyde Park RC	231 \	Women's J13
	Race: 2 J14	4 minutes		6
09:08	Heat: 1 of 1			
Erg Number	Name	Club	Event	
6	Musa Mahamdi	Clydesdale ARC	132 I	Men's J14
7	Jackson Oliver	Clydesdale ARC	132	Men's J14
8	James Jackson	York City	132	Men's J14
9	Ruairidh Reid	Stirling RC	132	Men's J14
10	Jack Dwyer	Strathclyde Park RC	132	Men's J14
11	Max Stark	Clydesdale ARC	132	Men's J14
	Race: 3 J15	5 minutes		6
09:16	Heat: 1 of 1			
Erg Number	Name	Club	Event	
6	Kendall Armitt	Clydesdale ARC	233 \	Women's J15
7	Melissa McGarva	Stirling RC	233 \	Women's J15
8	Morvern Thompson	Glasgow Schools	233 \	Women's J15
9	Lindsay Macarthur	Castle Semple RC	233 \	Women's J15
10	Rhona Mackinnon	Loch Lomond RC	233 \	Women's J15
11	Daisy Jackson	York City	233 \	Women's J15
	•	,		

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	Race: 4 Women's J16 & J18	2000 metres		20
09:26	Heat: 1 of 1			
Erg Number	Name	Club	Event	
1	Katy Reid	Loch Lomond RC	234 Women's J16	
2	Emma Ferguson	Strathclyde Park RC	234 Women's J16	
3	Eilidh McGowan	Loch Lomond RC	234 Women's J16	
4	Jessica McQueen	Loch Lomond RC	234 Women's J16	
5	Ciara Rogers	Clydesdale ARC	234 Women's J16	
6	Katie McGhee	Castle Semple RC	234 Women's J16	
7	Amy Morris	Loch Lomond RC	234 Women's J16	
8	Evie Dwyer	Strathclyde Park RC	234 Women's J16	
9	Martha Coombes	Loch Lomond RC	235 Women's J18	
10	Abigail Ryal	Loch Lomond RC	235 Women's J18	
11	Olivia Bell	Strathclyde Park RC	235 Women's J18	
12	Heather Gordon	Inverness RC	235 Women's J18	
13	Rachel Speirs	Castle Semple RC	235 Women's J18	
14	Emma Morrison	Clydesdale ARC	235 Women's J18	
15	Lily Young	Loch Lomond RC	235 Women's J18	
21	Laura McKenzie	Loch Lomond RC	235 Women's J18	
22	Freya Buchanan	Loch Lomond RC	235 Women's J18	
23	Colette Smith	Strathclyde Park RC	235 Women's J18	
24	Orla McCall	Strathclyde Park RC	235 Women's J18	
25	Kim Denton	Loch Lomond RC	235 Women's J18	

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00.00	Race: 5 Men's J16 & J18	2000 metres			14
09:38 Erg Number	Heat: 1 of 1	Club	Event		
	Joshie Matthews	Stirling RC		Men's J16	
_	Sam London	Castle Semple RC		Men's J16	
	Lachlan McKinnon	Loch Lomond RC		Men's J16	
			_	Men's J16	
	Rory Duncan	Stirling RC	_		
	David McNish	Castle Semple RC		Men's J16	
	Euan McKenzie	Loch Lomond RC	134		
	Charlie Weir	Clydesdale ARC	134	Men's J16	
9	AJ Payne	Strathclyde Park RC	134	Men's J16	
10	Rory Gardiner	Clydesdale ARC	134	Men's J16	
11	Calum Oliver	Clydesdale ARC	135	Men's J18	
12	Adam Robertson	Clydesdale ARC	135	Men's J18	
13	Matthew Fielding	Clydesdale ARC	135	Men's J18	
14	Severin Nielson	Clydesdale ARC	135	Men's J18	
15	Aidan Graham	University of St Andrews BC	135	Men's J18	
	Race: 6 J16 Team	2000 metres			2
10:04	Heat: 1 of 1				
Erg Number	Name	Club	Event		
8	McQueen	Loch Lomond RC	256	Women's J16 Team	
9	Robertson	Clydesdale ARC	256	Women's J16 Team	
	Race: 7 J18 Team	3000 metres			3
10:18	Heat: 1 of 1				
Erg Number	Name	Club	Event		
7	The Mary Erskine School	The Mary Erskine School	255	Women's J18 Team	
8	McKenzie	Loch Lomond RC	255	Women's J18 Team	
9	Buchanan	Loch Lomond RC	255	Women's J18 Team	

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	Race: 8 M 60+ 1km	1000 metres		11
10:34	Heat: 1 of 1			
Erg Number	Name	Club	Event	
3	Ken Cunningham	St Pats TOW	120 Men's Over 60 1km	
4	Philip Dyer	DW Preston	120 Men's Over 60 1km	
5	Leo Conway	St Pats TOW	120 Men's Over 60 1km	
6	Ken Lake	Lakes Fitness Malta	120 Men's Over 60 1km	
7	Raymond McAvoy	NMAC	120 Men's Over 60 1km	
8	Julian Kennedy	Ballymena Runners	121 Men's Over 60 Lwt	
9	Jerry Musselwhite	Farrington Park	121 Men's Over 60 Lwt	
10	James Dickinson		121 Men's Over 60 Lwt	
11	Stewart Fleming	Tay RC	121 Men's Over 60 Lwt	
12	Thomas Yule	Alyth Indoor Rowing	122 Men's Over 70 1km	
13	Roger Stainforth	Durham ARC	122 Men's Over 70 1km	

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	Race: 9 M 30+ 1km	1000 metres	21
10:44	Heat: 1 of 1	1000 metres	21
Erg Number	Name	Club	Event
1	Guy Chatfield	Clydesdale ARC	110 Men's Over 40 1km
2	Sean Smith	Newhaven Coastal RC	110 Men's Over 40 1km
3	Zoltán Bogár	Pénzügyor Se	110 Men's Over 40 1km
4	Dean McMenamin	H4H / Crossfit Airdrie	110 Men's Over 40 1km
5	Stephen Esslemont	Aeternum Crossfit	110 Men's Over 40 1km
6	Adrian Walker	Royal Navy	111 Men's Over 40 Lwt
7	Alan Strang	Motherwell AC	111 Men's Over 40 Lwt
8	John Steventon	Fitness Matters	111 Men's Over 40 Lwt
9	Guy Blackburn	Free Spirits	111 Men's Over 40 Lwt
10	Noel Stoddart	Esprit	111 Men's Over 40 Lwt
11	Paul Johnson	Clydesdale ARC	111 Men's Over 40 Lwt
12	Glyn Lloyd	Sub 7 IRC	111 Men's Over 40 Lwt
13	Oliver Short	St Pats TOW	115 Men's Over 50 1km
14	George Gillies	Loch Lomond RC	115 Men's Over 50 1km
15	Shaun Callaghan	Steepholme Pirates	115 Men's Over 50 1km
20	Andy Parkes	Newquay	115 Men's Over 50 1km
21	Alec Morrison	Sub 7 IRC	115 Men's Over 50 1km
22	Ian Russell	H4H / Crossfit Airdrie	115 Men's Over 50 1km
23	Gabriel Murphy	Broughty Ferry	115 Men's Over 50 1km
24	James Ewen		115 Men's Over 50 1km
25	Tommy Griffin	St Pats TOW	115 Men's Over 50 1km

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10:54	Race:	10 W Age 1km Heat: 1 of 1	1000 metres		14
Erg Number	Name	neat. 1011	Club	Event	t
2	Martha V	Valsh	St Andrews BC	205	Women's Over 30 1km
3	Vicki Whi	ite	Aeternum Crossfit	205	Women's Over 30 1km
4	Leanne N	<b>Mains</b>	Strathclyde Park RC	205	Women's Over 30 1km
5	Morna G	albraith	Castle Semple RC	210	Women's Over 40 1km
6	Susie Sim	ipson	St Andrews BC	210	Women's Over 40 1km
7	Julia Garr	rit	Broughty Ferry	210	Women's Over 40 1km
8	Kate Silve	erthorne	Agecroft	210	Women's Over 40 1km
9	Cary Mad	mahon	St Andrews BC	210	Women's Over 40 1km
10	Hilary Mo	Nally	Sub 7 IRC	215	Women's Over 50 1km
11	Eleanor I	nglis	Castle Semple RC	215	Women's Over 50 1km
12	Karen Dir	nardo	Castle Semple RC	215	Women's Over 50 1km
13	Clare Rai	nbow	Castle Semple RC	216	Women's Over 50 Lwt
14	Andrea D	ixon	Ergomaniacs	216	Women's Over 50 Lwt
15	Liz David	son	Strathclyde Park RC	216	Women's Over 50 Lwt

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	Race:	11 W Beginner		1000 metres		58
11:04		Heat: 1 of 2				
Erg Number	Name		Clu	np	Event	
1	Rachael	Phanco	Str	athclyde UBC	242	Women's Student Beginner
2	Maddie	Matthews	Un	iversity of St Andrews BC	242	Women's Student Beginner
3	Preethik	a Chandran	Du	ndee UBC	242	Women's Student Beginner
4	Honor M	IcGrigor	Un	iversity of St Andrews BC	242	Women's Student Beginner
5	Natalie (	Oakes	Str	athclyde UBC	242	Women's Student Beginner
6	Imogen (	Gregory	Str	athclyde UBC	242	Women's Student Beginner
7	Beth Can	npbell	Stir	rling UBC	242	Women's Student Beginner
8	Helga Sk	krede	Stir	rling UBC	242	Women's Student Beginner
9	Mary-be	th Patterson	Ab	erdeen UBC	242	Women's Student Beginner
10	Lauren C	Copland	Stir	rling UBC	242	Women's Student Beginner
11	Eloisa W	/hybrow	Edi	inburgh UBC	242	Women's Student Beginner
12	Ricarda	Dobrinski	Du	ndee UBC	242	Women's Student Beginner
13	Kira Sam	nide	Du	ndee UBC	242	Women's Student Beginner
14	Chiara To	oobne	Edi	inburgh UBC	242	Women's Student Beginner
15	Anne Ve	erwoerd	Un	iversity of St Andrews BC	242	Women's Student Beginner
17	Emily Sin	mpson	Rol	bert Gordon University Ro	C 242	Women's Student Beginner
18	Shannon	Rae	Rol	bert Gordon University Ro	C 242	Women's Student Beginner
19	Sophie C	ierans	Du	ndee UBC	242	Women's Student Beginner
20	Chloe W	alker	Str	athclyde UBC	242	Women's Student Beginner
21	Sarah O	'dea	Rol	bert Gordon University Ro	C 242	Women's Student Beginner
22	Tash Mil	ler	Stir	rling UBC	242	Women's Student Beginner
23	Harriet I	Hewes	Edi	inburgh UBC	242	Women's Student Beginner
24	Lisa Burr	ns	Str	athclyde UBC	242	Women's Student Beginner
25	Anna Sut	therland	Ab	erdeen UBC	242	Women's Student Beginner
26	Skye Ma	acleod	Stir	rling UBC	242	Women's Student Beginner
27	Kanna Ta	aniguchi	Un	iversity of St Andrews BC	242	Women's Student Beginner
28	Coralie /	Arthur	Ab	erdeen UBC	243	Women's Open Beginner
29	Sarah Iro	ons	Str	athclyde UBC	243	Women's Open Beginner

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11:14	Heat: 2 of 2			
Erg Number	Name	Club	Event	
1	Emily Carruthers	Aberdeen UBC	242	Women's Student Beginner
2	Aimee Scott	Heriot-Watt UBC	242	Women's Student Beginner
3	Mariana Dobrodenkova	Edinburgh UBC	242	Women's Student Beginner
4	Bridghe Watt	Aberdeen UBC	242	Women's Student Beginner
5	Chloe Tucker	Robert Gordon University RC	242	Women's Student Beginner
6	Christina Macleod	Dundee UBC	242	Women's Student Beginner
7	Alice Evans	Edinburgh UBC	242	Women's Student Beginner
8	Rosie Morgan	Dundee UBC	242	Women's Student Beginner
9	Charlotte Bosman	Strathclyde UBC	242	Women's Student Beginner
10	Lauryn Grant	Dundee UBC	242	Women's Student Beginner
11	Lauren McMinn	Dundee UBC	242	Women's Student Beginner
12	Jessica Murray	Dundee UBC	242	Women's Student Beginner
13	Lucy Pennington	Dundee UBC	242	Women's Student Beginner
14	Anne Murray	Dundee UBC	242	Women's Student Beginner
15	Abigail Barnes	Edinburgh UBC	242	Women's Student Beginner
16	Kirstin Wilson	University of St Andrews BC	242	Women's Student Beginner
17	Daisy McNab	University of St Andrews BC	242	Women's Student Beginner
18	Henrietta Fooks	Edinburgh UBC	242	Women's Student Beginner
19	Susannah Oliver	Edinburgh UBC	242	Women's Student Beginner
20	Alice Ives	Edinburgh UBC	242	Women's Student Beginner
21	Maia Hely	Glasgow UBC	242	Women's Student Beginner
22	Rachel Keay	Dundee UBC	242	Women's Student Beginner
23	Rebecca Bowers	Edinburgh UBC	242	Women's Student Beginner
24	Henrietta Maccauley	Aberdeen UBC	242	Women's Student Beginner
25	Marie Bernards	Aberdeen UBC	242	Women's Student Beginner
26	India Dodd	Aberdeen UBC	242	Women's Student Beginner
27	Emma Brockway	Aberdeen UBC	242	Women's Student Beginner
28	Vaila Irnvin	Aberdeen UBC	242	Women's Student Beginner
29	Martha Garbe	Heriot-Watt UBC	242	Women's Student Beginner
30	Georgia Valentine	Edinburgh UBC	242	Women's Student Beginner

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	Race: 12 M Beginner	1000 metres	44
11:24	Heat: 1 of 2		
Erg Number	Name	Club	Event
1	Tom Boneysteele	University of St Andrews BC	142 Men's Student Beginner
2	Robbie Peacock	Heriot-Watt UBC	142 Men's Student Beginner
3	Sam Walmsley	University of St Andrews BC	142 Men's Student Beginner
4	Mark McGinty	Stirling UBC	142 Men's Student Beginner
5	Lewis Morgan	Dundee UBC	142 Men's Student Beginner
6	Micheal Gray	Aberdeen UBC	142 Men's Student Beginner
7	Alex Manley	Strathclyde UBC	142 Men's Student Beginner
8	Armin Ghofrani	Edinburgh UBC	142 Men's Student Beginner
9	Thomas Ord	Stirling UBC	142 Men's Student Beginner
10	Harrison Grange	Heriot-Watt UBC	142 Men's Student Beginner
11	Jake Mccallum	Strathclyde UBC	142 Men's Student Beginner
12	Hans Gilstein Peterson	Strathclyde UBC	142 Men's Student Beginner
13	Luca Delpippo	University of St Andrews BC	142 Men's Student Beginner
14	Caspar Kleine	Dundee UBC	142 Men's Student Beginner
15	Lucas Arena Terry	Heriot-Watt UBC	142 Men's Student Beginner
20	Seoras Brodie	Strathclyde UBC	142 Men's Student Beginner
21	Harry Taylor	Stirling UBC	142 Men's Student Beginner
22	Jamie Adams	Dundee UBC	142 Men's Student Beginner
23	Cameron Kinnear	Strathclyde UBC	142 Men's Student Beginner
24	William Godding		143 Men's Open Beginner
25	Craig McEwan	Castle Semple RC	143 Men's Open Beginner
26	David Inglis	Castle Semple RC	143 Men's Open Beginner

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	11:34	Heat: 2 of 2			
Erg N	Number	Name	Club	Event	
	1	Oscar Hardman	Dundee UBC	142	Men's Student Beginner
	2	Archie Macpherson	Edinburgh UBC	142	Men's Student Beginner
	3	Tom Fitzgerald	University of St And	rews BC 142	Men's Student Beginner
	4	Michael Higbee	Edinburgh UBC	142	Men's Student Beginner
	5	James Morrison	Glasgow UBC	142	Men's Student Beginner
	6	Oliver Maslen	Edinburgh UBC	142	Men's Student Beginner
	7	Paul Shepard	Aberdeen UBC	142	Men's Student Beginner
	8	Sam Winton	University of St And	rews BC 142	Men's Student Beginner
	9	Dan Marek	Heriot-Watt UBC	142	Men's Student Beginner
	10	Cameron Bradley	Edinburgh UBC	142	Men's Student Beginner
	11	Brodie Barker	Aberdeen UBC	142	Men's Student Beginner
	12	Calum Duke	Strathclyde UBC	142	Men's Student Beginner
	13	Kerr Robinson	Strathclyde UBC	142	Men's Student Beginner
	14	Tom Woods	University of St And	rews BC 142	Men's Student Beginner
	15	Edward Timms	Edinburgh UBC	142	Men's Student Beginner
	20	Harry Whitworth	Edinburgh UBC	142	Men's Student Beginner
	21	Campbell Tough	Robert Gordon Univ	versity RC 142	Men's Student Beginner
	22	Peter Morgan	Strathclyde UBC	142	Men's Student Beginner
	23	Pavel Culik	Edinburgh UBC	142	Men's Student Beginner
	24	Andrew Binning	Strathclyde UBC	142	Men's Student Beginner
	25	Joseph Stanger	Aberdeen UBC	142	Men's Student Beginner
	26	Daniel Hesp	Aberdeen UBC	142	Men's Student Beginner

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	Race: 13 M Age 2km	2000 metres		25
12:08	Heat: 1 of 1			
Erg Number	Name	Club	Event	
1	Dan Goff	Gym Group & Rullion	104 Men's Over 3	0 2km
2	Graeme McMillan	Projectrow	104 Men's Over 3	0 2km
3	Richard Stainforth	Pure Gym & Rullion	104 Men's Over 3	0 2km
4	Juan Anza	Strathclyde Park RC	104 Men's Over 3	0 2km
5	Alastair Preiss	Stirling Triathlon	109 Men's Over 4	0 2km
6	Sam Blythe	Fitness Matters	109 Men's Over 4	0 2km
7	Sean Smith	Newhaven Coastal RC	109 Men's Over 4	0 2km
8	Felton Humble	Free Spirits	109 Men's Over 4	0 2km
9	Barry Greig	Sub 7 IRC	109 Men's Over 4	0 2km
10	Hamish Fowler	Fitness Matters	109 Men's Over 4	0 2km
11	Gary Lewis	Rowing The Minch	114 Men's Over 5	0 2km
12	Oliver Short	St Pats TOW	114 Men's Over 5	0 2km
13	Ben Robson	Monaco	114 Men's Over 5	0 2km
14	Shaun Callaghan	Steepholme Pirates	114 Men's Over 5	0 2km
15	Michael Mcwhirter		114 Men's Over 5	0 2km
18	George Gillies	Loch Lomond RC	114 Men's Over 5	0 2km
19	Andrew Baird		114 Men's Over 5	0 2km
20	Anthony Walpole	Fitness Matters	114 Men's Over 5	0 2km
21	Michael Maclaren	Free Spirits IRC	114 Men's Over 5	0 2km
22	Stewart Braisher		114 Men's Over 5	0 2km
23	Hans Kruger		114 Men's Over 5	0 2km
24	James Ewen		114 Men's Over 5	0 2km
25	Alan Macdonald		119 Men's Over 6	0 2km
26	Leo Conway	St Pats TOW	119 Men's Over 6	0 2km
27	John Irvine	North Berwick RC	119 Men's Over 6	0 2km

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	Race:	14 M	Lwt 2km	2000 me	tres		14
12:22		Heat:	1 of 1				
Erg Number	Name			Club		Event	
2	Joe White	9				101	Men's Open Lwt
3	Derrick T	owell		Seal PT		101	Men's Open Lwt
4	Ali Posto	yko		University of St And	drews BC	141	Men's Students Open Lwt
5	George T	urner		University of St And	drews BC	141	Men's Students Open Lwt
6	Chris Coc	hrane		Strathclyde UBC		141	Men's Students Open Lwt
7	Nicolas K	irsch		Strathclyde UBC		141	Men's Students Open Lwt
8	Monty Jo	nes		University of St And	drews BC	141	Men's Students Open Lwt
9	Jan Jochn	nan		Strathclyde Park RO		141	Men's Students Open Lwt
10	Andrew L	.aird		Strathclyde UBC		141	Men's Students Open Lwt
11	Jonnis Ol	sen		Strathclyde UBC		141	Men's Students Open Lwt
12	Adam Ca	mpbell		Strathclyde UBC		141	Men's Students Open Lwt
13	Alex Rals	ton		University of St And	drews BC	141	Men's Students Open Lwt
14	Ben Gard	ner		University of St And	drews BC	141	Men's Students Open Lwt
15	Henri De	Montpe	ellier	University of St And	drews BC	141	Men's Students Open Lwt

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	Race: 15 M Open 2km	2000 metres		29
12:34	Heat: 1 of 1			
Erg Number	Name	Club	Event	
1	Neil Flockhart		100	Men's Open
2	Colin Williamson	Crossfit Airdrie	100	Men's Open
3	Oliver Gray	Esprit	100	Men's Open
4	James Saxton	RAF	100	Men's Open
5	Russel Campbell	Fitness Factory	100	Men's Open
6	David Rackstraw	Crossfit Glacier	100	Men's Open
7	Jack Montgomery	Fitness Matters	100	Men's Open
8	Nick Cox		100	Men's Open
9	Mike Simpson	Strathclyde Park RC	140	Men's Students Open
10	Lewis Semple	Strathclyde UBC	140	Men's Students Open
11	Josh Oxby	Durham University	140	Men's Students Open
12	Sam Archibald	Heriot-Watt UBC	140	Men's Students Open
13	Stefan Giesen	Strathclyde UBC	140	Men's Students Open
14	Jonathan Lienert	University of St Andrews BC	140	Men's Students Open
15	Stuart McLellan	Stirling UBC	140	Men's Students Open
16	Calum Young	Strathclyde UBC	140	Men's Students Open
17	Dan Morris	Strathclyde UBC	140	Men's Students Open
18	Chris Bock	University of St Andrews BC	140	Men's Students Open
19	Daniel Lowry	Strathclyde UBC	140	Men's Students Open
20	Christopher Parsonage	Strathclyde UBC	140	Men's Students Open
21	Alex Chisholm	University of St Andrews BC	140	Men's Students Open
22	Alasdair Iredale	Dundee UBC	140	Men's Students Open
23	Henry Marles	University of St Andrews BC	140	Men's Students Open
24	Cameron Kemp	Strathclyde Park RC	140	Men's Students Open
25	Ben McKinlay	Strathclyde UBC	140	Men's Students Open
26	Oscar Nick	University of St Andrews BC	140	Men's Students Open
27	Stuart Masson	Heriot-Watt UBC	140	Men's Students Open
28	Ronan Welch	Strathclyde UBC	140	Men's Students Open
29	Dom Goymour	University of St Andrews BC	140	Men's Students Open

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Ra	ice: 16 W Lwt 2km	2000 metres	8
12:46	Heat: 1 of 1		
Erg Number N	Jame	Club	Event
5 En	mily Haworth	University of St Andrews BC	241 Women's Student Open Lwt
6 M	Iolly Mcilwaine	Strathclyde UBC	241 Women's Student Open Lwt
7 Ch	hloe Mosonyi	University of St Andrews BC	241 Women's Student Open Lwt
8 M	lorgan Young	University of St Andrews BC	241 Women's Student Open Lwt
9 Rc	osie Handley	Dundee UBC	241 Women's Student Open Lwt
10 M	lorgan Hartley	University of St Andrews BC	241 Women's Student Open Lwt
11 Ai	ilsa Martin	University of St Andrews BC	241 Women's Student Open Lwt
12 Sa	ally-anne Snowdon	Strathclyde UBC	241 Women's Student Open Lwt

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	Race: 17 W Open 2km	2000 metres		29
12:58	Heat: 1 of 1			
Erg Number	Name	Club	Event	
1	Rochelle Quigley	Esprit	200	Women's Open
2	Ciara Conway	St Pats TOW	204	Women's Over 30 2km
3	Julia Garrit	Broughty Ferry	204	Women's Over 30 2km
4	Elaine Huskinson	Hollingworth Lake RC	204	Women's Over 30 2km
5	Kate Silverthorne	Agecroft	204	Women's Over 30 2km
6	Sarah Rogerson	Fitness Matters	204	Women's Over 30 2km
7	Kate Macaulay	Heriot-Watt UBC	240	Women's Student Open
8	Olivia Chase	University of St Andrews BC	240	Women's Student Open
9	Amy McCann	Stirling UBC	240	Women's Student Open
10	Grace Cubitt	Heriot-Watt UBC	240	Women's Student Open
11	Perri McCluskey	Strathclyde Park RC	240	Women's Student Open
12	Emma Burnley-davies	Strathclyde UBC	240	Women's Student Open
13	Skye Arnott	University of St Andrews BC	240	Women's Student Open
14	Delaney Flanigan	University of St Andrews BC	240	Women's Student Open
15	Eilidh Brown	Stirling UBC	240	Women's Student Open
16	Claire Dickson	Strathclyde Park RC	240	Women's Student Open
17	Lydia Theos	University of St Andrews BC	240	Women's Student Open
18	Alice Jones	University of St Andrews BC	240	Women's Student Open
19	Fiona Lapp	Dundee UBC	240	Women's Student Open
20	Alice Hedley	University of St Andrews BC	240	Women's Student Open
21	Catriona Scott	Strathclyde UBC	240	Women's Student Open
22	Kirsty Macaulay	Heriot-Watt UBC	240	Women's Student Open
23	Cliodhna Macfarlane	Stirling UBC	240	Women's Student Open
24	Marissa McMahon	University of St Andrews BC	240	Women's Student Open
25	Kirsten Leahy	Stirling UBC	240	Women's Student Open
26	Taylor Wright	University of St Andrews BC	240	Women's Student Open
27	Eleanor Brinkhoff	Dundee UBC	240	Women's Student Open
28	Katie Scott	Strathclyde UBC	240	Women's Student Open
29	Kathryn Canniford	Dundee UBC	240	Women's Student Open

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	Race: 18 Adaptive	1000 metres		6
13:40	Heat: 1 of 1			
Erg Number	Name	Club	Event	
6	James Hamilton	H4H / Crossfit Airdrie	125	Men's Adaptive TA
7	Callum Deboys	H4H / Crossfit Airdrie	126	Men's Adaptive LTA
8	Craig Pringle		126	Men's Adaptive LTA
9	Stuart Bowler		126	Men's Adaptive LTA
10	Sarah Baillie		224	Women's Adaptive AS
11	Joanna Martin	H4H	224	Women's Adaptive AS
	Race: 19 M 60+ Sprint	500 metres		10
14:00	Heat: 1 of 1			
Erg Number	Name	Club	Event	
4	Ken Lake	Lakes Fitness Malta	127	Men's Over 60 Sprint
5	Julian Kennedy	Ballymena Runners	127	Men's Over 60 Sprint
6	Diarmid McArthur	Castle Semple RC	127	Men's Over 60 Sprint
7	Raymond McAvoy	NMAC	127	Men's Over 60 Sprint
8	Leo Conway	St Pats TOW	127	Men's Over 60 Sprint
9	Roger Stainforth	Durham ARC	127	Men's Over 60 Sprint
10	John Irvine	North Berwick RC	127	Men's Over 60 Sprint
11	Philip Dyer	DW Preston	127	Men's Over 60 Sprint
12	Ken Cunningham	St Pats TOW	127	Men's Over 60 Sprint
13	Jerry Musselwhite	Farrington Park	127	Men's Over 60 Sprint

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	Race: 20 M 40+ Sprint	500 metres	23
14:06	Heat: 1 of 1		
Erg Number	Name	Club	Event
1	Andrew Shipley		112 Men's Over 40 Sprint
2	Stephen Esslemont	Aeternum Crossfit	112 Men's Over 40 Sprint
3	Zoltán Bogár	Pénzügyor Se	112 Men's Over 40 Sprint
4	Sean Smith	Newhaven Coastal RC	112 Men's Over 40 Sprint
5	Kenneth Dorian	St Pats TOW	112 Men's Over 40 Sprint
6	Noel Stoddart	Esprit	113 Men's Over 40 Sprint Lwt
7	Guy Blackburn	Free Spirits	113 Men's Over 40 Sprint Lwt
8	John Steventon	Fitness Matters	113 Men's Over 40 Sprint Lwt
9	Joe White		113 Men's Over 40 Sprint Lwt
10	Glyn Lloyd	Sub 7 IRC	113 Men's Over 40 Sprint Lwt
11	Tony Synott	Castle Semple RC	117 Men's Over 50 Sprint
12	James Ewen		117 Men's Over 50 Sprint
13	Alec Morrison	Sub 7 IRC	117 Men's Over 50 Sprint
14	Gary Lewis	Rowing The Minch	117 Men's Over 50 Sprint
15	Andy Parkes	Newquay	117 Men's Over 50 Sprint
19	Michael Mcwhirter		117 Men's Over 50 Sprint
20	Tommy Griffin	St Pats TOW	117 Men's Over 50 Sprint
21	Shaun Callaghan	Steepholme Pirates	117 Men's Over 50 Sprint
22	Oliver Short	St Pats TOW	117 Men's Over 50 Sprint
23	Gabriel Murphy	Broughty Ferry	117 Men's Over 50 Sprint
24	Derrick Towell	Seal PT	118 Men's Over 50 Sprint Lwt
25	Paul Johnson	Clydesdale ARC	118 Men's Over 50 Sprint Lwt
26	Adrian Walker	Royal Navy	118 Men's Over 50 Sprint Lwt

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	Race:	21 M Sprint	8.33333333	33333			16
14:12		Heat: 1 of 1					
Erg Number	Name		Club		Event		
1	Oscar Ha	rdman	Dundee UBC		102	Men's Open Sprint	
2	Oliver W	hite	Northwich		102	Men's Open Sprint	
3	Alasdair	Iredale	Dundee UBC		102	Men's Open Sprint	
4	David Ra	ckstraw	Crossfit Glacier		102	Men's Open Sprint	
5	Colin Wil	liamson	Crossfit Airdrie		102	Men's Open Sprint	
6	Martin C	lanahan			102	Men's Open Sprint	
7	Oliver Gr	ay	Esprit		102	Men's Open Sprint	
8	Nick Cox				102	Men's Open Sprint	
9	Stuart Ba	iley			102	Men's Open Sprint	
10	William (	Godding			102	Men's Open Sprint	
11	Stewart I	McGrenary	Crossfit Glasgow		102	Men's Open Sprint	
12	Gregor H	all	Stirling RC		103	Men's Open Sprint L	wt
13	Euan Mc	Leod	Dundee UBC		103	Men's Open Sprint L	wt
14	Chris Har	tley	Stirling RC		103	Men's Open Sprint L	wt
15	Harry Ro	gerson-gleave	Dundee UBC		103	Men's Open Sprint L	wt
23	Juan Anz	a	Strathclyde Park RC		103	Men's Open Sprint L	wt

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	Race: 22 W Sprint	500 metres		19
14:18	Heat: 1 of 1			
Erg Number	Name	Club	Event	
1	Elaine Huskinson	Hollingworth Lake RC	202	Women's Open Sprint
2	Rochelle Quigley	Esprit	202	Women's Open Sprint
3	India Poe	Ullapool RC	202	Women's Open Sprint
4	Ena Digba	Dundee UBC	202	Women's Open Sprint
5	Nic Byrne	Crossfit Glasgow	202	Women's Open Sprint
6	Vicki White	Aeternum Crossfit	202	Women's Open Sprint
7	Kathryn Canniford	Dundee UBC	202	Women's Open Sprint
8	Claire Dickson	Strathclyde Park RC	202	Women's Open Sprint
9	Natalie Firth	Stirling RC	203	Women's Open Sprint Lwt
10	Rachel Houghton	Crossfit Fortius	208	Women's Over 30 Sprint Lwt
11	Ciara Conway	St Pats TOW	208	Women's Over 30 Sprint Lwt
12	Sarah Rogerson	Fitness Matters	208	Women's Over 30 Sprint Lwt
13	Elaine Graham	Sub 7 IRC	212	Women's Over 40 Sprint
14	Kate Silverthorne	Agecroft	212	Women's Over 40 Sprint
15	Morna Galbraith	Castle Semple RC	212	Women's Over 40 Sprint
21	Eleanor Inglis	Castle Semple RC	217	Women's Over 50 Sprint
22	Hilary McNally	Sub 7 IRC	217	Women's Over 50 Sprint
23	Karen Dinardo	Castle Semple RC	217	Women's Over 50 Sprint
24	Clare Rainbow	Castle Semple RC	217	Women's Over 50 Sprint
	Race: 23 M Beginner Team	3000 metres		6
14:38	Heat: 1 of 1		_	
Erg Number	Name	Club	Event	
	Woods	University of St Andrews BC	152	Men's Beginner Team
	Marek	Heriot-Watt UBC	152	Men's Beginner Team
	Higbee	Edinburgh UBC	152	Men's Beginner Team
	Binning	Strathclyde UBC	152	Men's Beginner Team
	Morgan	Strathclyde UBC	152	Men's Beginner Team
13	Whitworth	Edinburgh UBC	152	Men's Beginner Team

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					ROWING
	Race:	24 Mixed Team	3000 metres		3
14:54		Heat: 1 of 1			
Erg Number	Name		Club	Event	
5	McArthu	r	Castle Semple RC	153	Mixed Open Team
7	McMillan		Castle Semple RC	153	Mixed Open Team
9	Adler		Aberdeen UBC	153	Mixed Open Team
	Race:	25 M Team	3000 metres		10
15:10		Heat: 1 of 1			
Erg Number	Name		Club	Event	
1	Canning		Crossfit Glasgow	150	Men's Team
3	CFG & An	dy	Crossfit Glasgow	150	Men's Team
5	McEwan		Castle Semple RC	150	Men's Team
7	Rouze		Aberdeen UBC	150	Men's Team
9	Graham		University of St Andrews BC	151	Students Men's Team
11	Kirsch		Strathclyde UBC	151	Students Men's Team
13	Laird		Strathclyde UBC	151	Students Men's Team
15	Bock		University of St Andrews BC	151	Students Men's Team
21	Nick		University of St Andrews BC	151	Students Men's Team
23	Semple		Strathclyde UBC	151	Students Men's Team
	Race:	26 W Team	3000 metres		14
15:26		Heat: 1 of 1			
Erg Number	Name		Club	Event	
1	Burne		Crossfit Glasgow	250	Women's Team
3	Crossfit F	ortius Cambuslang	Crossfit Fortius Cambuslang	250	Women's Team
5	Wright		University of St Andrews BC	251	Student Women's Team
7	Brinkhoff		Dundee UBC	251	Student Women's Team
9	Hartley		University of St Andrews BC	251	Student Women's Team
11	Le		Aberdeen UBC	251	Student Women's Team
13	McMaho	n	University of St Andrews BC	251	Student Women's Team
15	Matthew	S	University of St Andrews BC	252	Women's Beginner Team
17	Toone		Edinburgh UBC	252	Women's Beginner Team
19	Simpson		Robert Gordon University RC	252	Women's Beginner Team
21	Pattersor	1	Aberdeen UBC	252	Women's Beginner Team
23	Valentine	2	Edinburgh UBC	252	Women's Beginner Team
25	O'Mahon	ey	Dundee UBC	252	Women's Beginner Team
27	Dodd		Aberdeen UBC	252	Women's Beginner Team

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