

# SCOTTISH STUDENT SPORT



ACTIVE • COMPETITIVE • INNOVATIVE

## Joining The Tribe 2019 - 2020



# WELCOME TO THE TRIBE

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**Hello and welcome!** It's great to have your interest in Scottish Student Sport (SSS) - an organisation that I'm proud and delighted to serve. The aim of this document is to tell you a bit more about what we are all about.

We are a vibrant membership organisation, comprising students and professional staff from colleges and universities across the country.

Our aim is to add value to your work and help you realise your ambitions for Physical Activity and Sport. We foster a number of key partnerships – most notably with **sportscotland**, Scottish Funding Council and British Universities and Colleges Sport – in the delivery of our objectives.

**SSS has proved itself to be a key part of the sporting landscape in Scotland. We engage with key partners, linking effectively with Sports Governing Bodies and other national organisations, and strive to reflect and represent the role which Scotland's Universities & Colleges can play in the nation's future health, physical activity and sporting success.**

Should this introductory document leave you with any queries then please don't hesitate to get in touch.

With very best wishes for an active, uplifting year,



**Stew Fowlie**

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# Development

Providing members with tailored, quality assured services and friendly, flexible support. By sharing expertise and experience across our membership we aim to create new opportunities and continually develop student sport, adding value to your work.

## SUPPORT

- Best practice examples across various areas of student sport (club development, governance, membership structures, role descriptions, communication)
- Access to network events (e.g. conference) and other training/workshop opportunities to meet peers and share ideas
- Support and upskill key student leaders

## PARTNERSHIPS

- Harnessing local partnerships to develop student sport
- National agreements in place with Scottish Governing Bodies and others - aimed at improving quality and value in student sport
- Subsidised and coordinated access to student workforce projects including Reffin' Brilliant

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### Equality Projects

Targeted work around women in sport and disability inclusion, as well as continuing to champion Rainbow Laces

### Developing People

Supporting staff and students via projects including SSS Leadership Programme, mentoring and Reffin' Brilliant

### CHANGES

Advancing our work with CHANGES in Scotland to positively affect culture change around hazing and initiations

### Healthy Body Healthy Mind

Launching refreshed project focusing on physical activity, mental health and positive student lifestyles





# Competitions

Providing Scotland's students with high-quality competitive sports opportunities that fit their ability and represent genuine value for money.

The many strengths of our members and partners are harnessed to support a vibrant multi-sport programme, providing a unique student experience at both a regional and national level.

## EVENTS

- 100+ sports events per year (over 30 sports), with subsidised entry fee
- Representative sport opportunities (e.g. Scottish Student national squad activity) in chosen sports
- Share and engage with sport related staff from other colleges and universities

## FIXTURES

- Access to low cost, high value sports fixtures (recreational and competitive). All events tailored to regional needs/wishes
- Affiliate college membership of BUCS provided through SSS at no 'central' cost (team entry fees only), allowing entry to the BUCS team league programme
- Flexible competition structure to provide opportunities for more students to get involved (SSS Ladders)



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# Advocacy

Representing the interests of student sport by engaging partners, managing strategic relationships and providing leadership across sport and education.

We aim to positively influence members and partners alike to extend their commitments to physical activity and sport, so that the full potential of the student sector may be achieved.

## EVIDENCE

- Internal strategic planning support with senior management and other interested groups (demonstrating value of sport to education)
- Tailored consultancy service to help sustain activity and boost student participation
- Demonstrate the impact of the sector through the gathering of data & case studies

## INFLUENCING

- Regional and national advocacy work with SGBs and other partners (demonstrating value of education to sport)
- Help drive investment into student sport
- Spearhead College and University input to the sportscotland 'Sport for Life' strategy

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- Service current, and develop new partnerships with Scottish Governing Bodies of sport
- Free participation in College Sport Award
- Continue to develop the evidence base for the value of physical activity and sport
- Further develop our partnership with College Development Network
- Continue to positively contribute to BUCS and jointly realise new partnership opportunities
- Staff consultancy/support to member institutions around structure, governance and best practice
- Demonstrate the impact our collective work is having through monitoring and evaluation





## Benefits

Better structures for physical activity and sport

Increased student engagement in physical activity and sport

Equality of opportunity for all students

Greater levels of support to student sport from internal and external sources

Maximised use of resources

Leadership opportunities

Enhanced student experience

Greater opportunities to take part and compete

Greater opportunities to represent Scotland

Improve student retention and satisfaction

Employability and transferable skills development

Improved health and wellbeing

Stronger sense of identity and belonging

Greater opportunities to achieve success as individuals and teams





# Don't just take our word for it...



*'The sea change that has occurred in the profile, quality, quantity and impact of student sport since SSS was established has been amazing. They have truly been game-changers in revolutionising the sector. All of their efforts and their good example makes student sport and exercise a great place to work.'*

***'SSS raised the profile of sport within our institution and helped us build a strong foundation to keep momentum going for the coming year.'***

*'SSS have been tireless in their commitment to be the voice of student sport in Scotland. They have been, and continue to be, strong and powerful advocates for the value of student sport, championing our cause with key groups.'*

*'SSS has great knowledge and experience that can support the learning of less developed institutions. Great case studies and examples of good practice from across Scotland, as well as links to external partners who could also support development.'*

***'I feel SSS is a great support network and the staff help instil confidence in all the volunteers which makes it easier to get involved with sport and take on a leadership role.'***

*'SSS have enabled students who may not play at university level in their sport to still have competitive opportunities. Also they have provided options for people who just want to play a sport recreationally, and have shown that sport is for everyone.'*

*'Without SSS a lot of my students would not have been involved in sport. None of my volunteers would have taken the courses available and hence would not be fully trained officials/ coaches.'*

***'The student experience would be weaker overall for member institutions without support of SSS.'***





## Get in touch!

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