

## Scottish Student Athletics Opening Match

Wednesday 2<sup>nd</sup> October 2019  
Emirates Arena, Glasgow, G40 3HG

TRACK EVENTS			FIELD EVENTS		
1200	60mH Heats	F then M	1200	Pole Vault	M/F Combined
1210	400m Heats	M/F	1200	Long Jump	M
1230	60m Heats	M/F	1300	Long Jump	F
1310	1500m Heats	M/F	1300	Shot Putt	M/F Combined
1330	60mH Finals (if required)	M/F			
1335	60m Final	M/F			
1350	400m Final	M/F			
1400 – 1430 INTERVAL					
1430	800m Heats	M/F	1430	High Jump	M/F Combined
1500	200m Heats	M/F	1430	Triple Jump	M
1545	3000m Final	M/F	1515	Triple Jump	F
1605	1500m Final (if required)	M/F			
1615	200m Final	M/F			
1635	800m Final	M/F			
1645	4x200m Relay	M/F			
1655	4x400m Relay	M/F			
1730 PRESENTATIONS					

### Important Information:

- 1) Maximum two rounds for each track event (one round for the 3000m). For events that have a large number of heats there will be an A and B Final, with top qualifiers contesting the A Final
- 2) Please listen from announcements so you are aware of any timetable changes. The timetable has been prepared based on the number of athletes who usually take part and may require alteration on the day depending on the turnout. Where Heats are not required the Final will be run at the time of the Heat
- 3) Numbers, as issued, must be worn front and back (only one number is required from PV and HJ)
- 4) Hurdles warm up should take place on the track. No other warm ups are permitted on the track
- 5) It is your responsibility to ensure you do not enter events which clash with each other, unless you are confident that you are able to cope with the clash. If a jumping event coincides with a track event, please aim to have your run up marked before the Track event starts
- 6) Please ensure that everyone enjoys themselves by cooperating with the officials who have given their own time to allow your competition to take place
- 7) Declarations open at 10am and close 60 minutes before event start time
- 8) Relay entries close at 4pm
- 9) This event is held under UK Athletics Rules and scottishathletics Licence

