

Healthy Body Healthy Mind Process Map

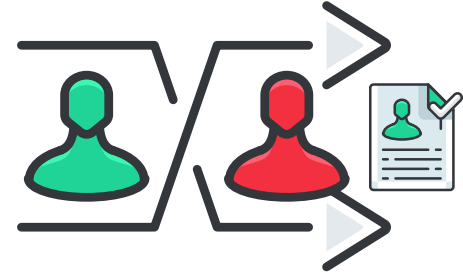


Process overview for HBHM programme:

1

Sign up

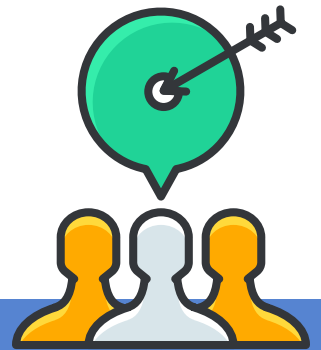
You can sign up at any time during the academic year. Depending on whether you are aiming for **Bronze**, **Silver** or **Gold** you have up to 48 months to meet the criteria.



2

Meet with HBHM to set target

Meet with SSS Regional Development team to set HBHM targets and put a support plan in place. Other HBHM partners organisations are also available for support and advice.



3

Implement delivery, submit evidence

Implement the delivery of your plan with advice and support from all HBHM partners and upload evidence after each delivery onto your online project space in Basecamp.

This part of the process is a cycle and depending on the award can take anything from 6 months to 48 months



4

Receive feedback, award confirmed

After evidence is evaluated by the HBHM team, receive feedback and resubmit if required. Continue implementing delivery of remaining criteria. Awards are confirmed when the necessary criteria are met.

