

**Scottish Student Sport Cross Country Championships 2021**  
Craigmillar Castle, Edinburgh, EH16 4TB  
Saturday 20<sup>th</sup> November 2021

**PRE-EVENT INFORMATION**

**Description of Event:**

The 2021 edition of the Scottish Student Sport Cross Country Championships is being held at Craigmillar Castle, Edinburgh! Both the women and men will run approximately 8km, with the Women's race starting at 12:30 and the Men's starting at 13:30. The course map is attached at the end of this document.

**Date:** Saturday 20<sup>th</sup> November

**Venue:** Craigmillar Castle, Edinburgh, EH16 4TB.

**Main Contact:** Katie Lowery, [ScotStuCrossCountry@outlook.com](mailto:ScotStuCrossCountry@outlook.com), 07557883962.

**Registration:** Registration will be open from 10:30 until 12:00 and will be at the course, near the finish (and club tents). We ask that just the team captains come to register all the athletes in their team and inform the registration team of any people no longer participating. All entries were taken online before the event and therefore we won't be accepting any entries on the day.

**Equipment:** Spikes are recommended! Chip timing will be in operation, so please read the instructions below:

The Timing Chips clip to your (see the picture below). Please pass the clip under 2 or 3 laces and close the clip firmly. You **MUST** return the chip at the Finish or you will not receive a race time and will be fined £2 to cover the cost.



**Medals and Ceremony:** Medals will be presented to the first 3 athletes in both the male and female races. There will also be medals for the top 3 male and female teams. An institutions team will be made up of their first 4 athlete's home.

Please be aware that SSS have a medal policy which requires all medals to be 'won' in order for them to be awarded.

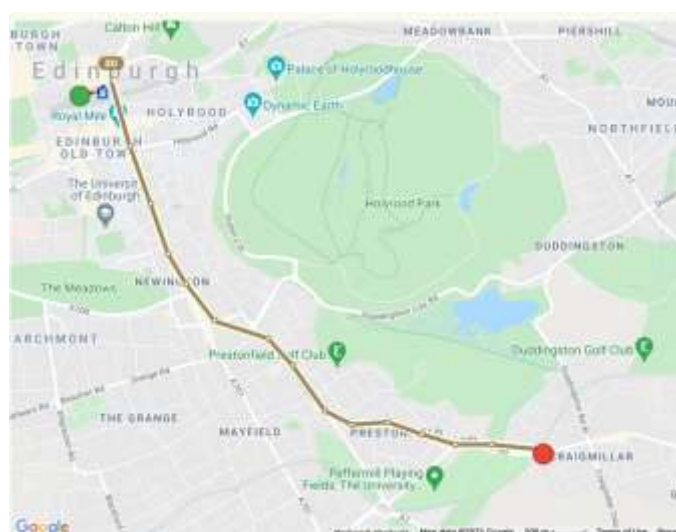
Example - There must be a minimum of four competitors in a category in order to award a bronze medal. If there are only three competitors in a category, there has not been a competition to 'win' the Bronze, therefore only Gold and Silver medals will be awarded

The ceremonies will take place immediately after each race has been completed, to prevent crowding. Results will be accessible online via KITST timing [here](#)

**Changing Room access** Due to Covid-19, and the remote location of this race, we are unfortunately unable to provide any changing facilities on the day.

**Withdrawal Policy:** If you no longer intend to participate, please contact the event organiser as soon as possible. SSS Terms and Conditions will have been sent with your booking confirmation email so please refer to this for information on the SSS Refund Policy.

**How To Get There:** Due to limited parking facilities, we are encouraging as many people as possible to take public transport to the event. Bus numbers 14 and 30 will take you straight from Waverley Station to Peffermill Road (entry to Craigmillar Castle) in just over 20minutes. The course is approximately a 10minute walk from here and will be signposted.



Unfortunately, there will be no official parking at the event. We are NOT Allowed to park in the Craigmillar Castle Car Park as this is for visitors to the castle itself only.

If you need to drive, parking may be available in Peffermill Industrial Estate. Cars and belongings are left at participants' own risk and SSS do not hold any responsibility for issues incurred by the parking choices of participants. Wherever vehicles are parked, SS Cross Country request that you are respectful of the local area and check any parking restrictions before leaving your car. The course is approximately a 10-15min walk from Peffermill Industrial Estate and will be signposted. We request that you do not park in any residential areas as they are allocated spaces for residents only. If you are planning to bring a coach/minibus, please get in touch with Katie (details above) to make arrangements for this.

**Facilities at Venue:** At the event there will be a Bonnie Burrito food van where you will be able to get lunch and hot drinks. There are also shops at Cameron Toll Shopping Centre which is about a 15 minute walk from the course.

**Club Tents:** Club tents should be located between the finish and the castle (as indicated on the map below). Please let Katie know if you are planning on bringing a tent/gazebo so we can point you in the right direction.

**Rules and Regulations:** We will be following the guidelines of Scottish Athletics.

**SSS Event COVID-19 Guidance:** Please note, SSS will ask you to read this [Disclaimer](#) and complete this [Self-Declaration Form](#) before arrival at the event. Your participation is also subject to these [Terms and Conditions](#), which state the protocols which will be followed on the day to keep you, and us, safe. The event will be carried out in accordance with the latest COVID-19 advice from the Scottish Government.

**Questions:** Please direct all questions to Katie Lowery (details can be found above).

**Social Media:** We love to hear your experiences at our events, so please tag us @ScotStuSport on Facebook, Twitter and Instagram! Please also use the hashtag: #ScotStuCrossCountry.

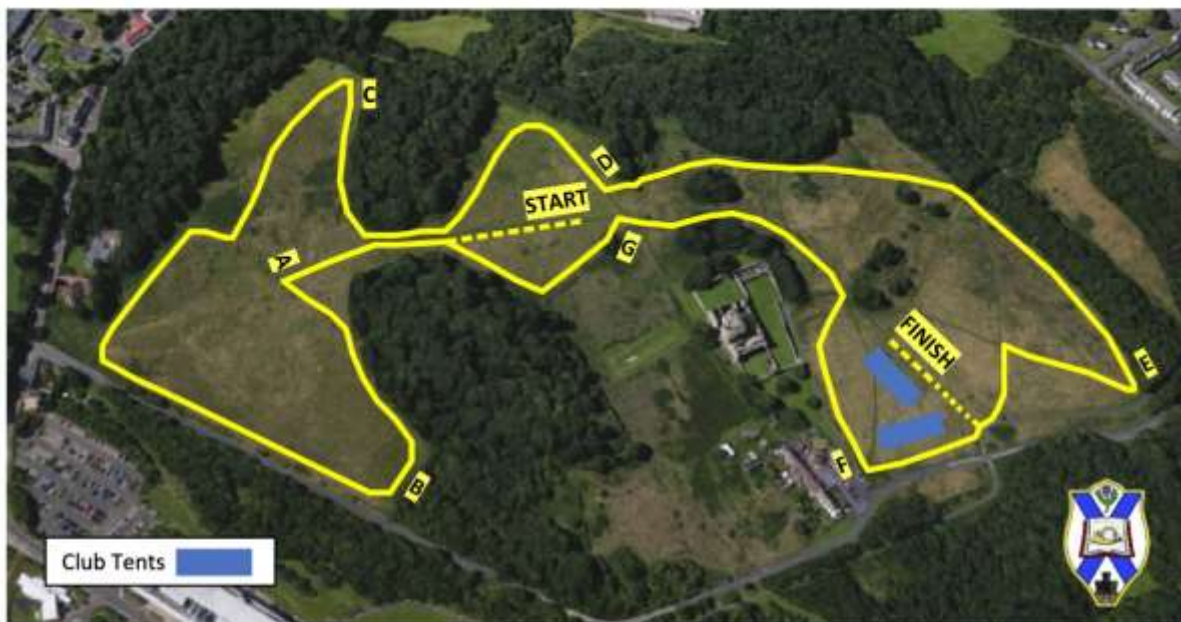
**Photography:** If there is a photographer at the event, we will share the photos on our Facebook page – so make sure you like it to get the updates!

**Date Last Updated:** 17/11/2021



Scottish Student Sport are looking to reduce the environmental impact of their events.  
Please bring your own reusable water bottle and recycle wherever possible

RACE MAP



Race	Start Time	Distance (approx.) *
Women	1230	8000m (START-A-B-C-D-E-F-G-A-B-C-D-E-F-G-A-B-C-D-E-FINSH)
Men	1330	8000m (START-A-B-C-D-E-F-G-A-B-C-D-E-F-G-A-B-C-D-E-FINSH)

\*Course runs clockwise

Registration at SSS tent at finish

There will be toilets but no changing facilities at the course