

Scottish Student Athletics
Opening Match
Wednesday 20th October 2021
Emirates Arena, Glasgow, G40 3HG

TRACK EVENTS			FIELD EVENTS		
1200	60mH Heats (Combined Final)	F and M	1200	Pole Vault	M/F Combined
1210	400m Heats (3 heats / 2 heats)	M/F	1200	Long Jump	M
1230	60m Heats (6 heats / 5 heats)	M/F	1300	Long Jump	F
1310	1500m (Final / Final)	M/F	1300	Shot Putt	M/F Combined
1325	60m Final	M			
1330	60m Final	F			
1335	400m Final	M			
1340	400m Final	F			
1400 – 1430 INTERVAL					
1430	800m Heats (3 heats / 3 heats)	M/F	1430	High Jump	M/F Combined
1500	200m Heats (6 heats / 6 heats)	M/F	1430	Triple Jump	M/F Combined
1550	3000m Final (Combined Final)	M/F			
1610	200m Final	M			
1615	200m Final	F			
1620	800m Final	M/F			
1630	4x200m Relay (unknown)	M/F			
1650	4x400m Relay (unknown)	M/F			
1730 PRESENTATION OF APPLETON TROPHY					

Important Information:

- 1) Qualification for sprints and final rounds in the Field events will be confirmed on the day, pending confirmed competitor numbers
- 2) Please listen for announcements so you hear of any timetable changes. The timetable has been prepared based on the number of expected athletes and may require alteration depending on the turnout. If a Heat is dropped, we will run the Final at Final time to allow adequate recovery
- 3) Numbers, as issued, must be worn front and back (only one number is required from PV and HJ)
- 4) Hurdles warm up should take place on the competition track. No other warm ups are permitted on the track, please use the main warm up area
- 5) It is your responsibility to ensure you do not enter events which clash with each other, unless you are confident that you are able to cope with the clash. If a jumping event coincides with a track event, please aim to have your run up marked before the Track event starts
- 6) Please ensure that everyone enjoys themselves by cooperating with the officials who have given their own time to allow your competition to take place
- 7) Declarations open at 10am and close 60 minutes before event start time
- 8) Relay entries close at 4pm
- 9) This event is held under UK Athletics Rules and scottishathletics Licence