

**SCOTTISH STUDENT DUATHLON CHAMPIONSHIPS**  
**East Fortune Race Track, East Lothian, EH39 5JX**  
**Sunday 26th March 2023**

**PRE-EVENT INFORMATION**

**Description of Event:** TriWorks East Fortune Duathlon

**Date:** Sunday 26th March 2023

**Venue:** East Fortune Race Track, East Lothian, EH39 5JX

**Main Contact:** Kirstin Bamford, [ssstriathlon@outlook.com](mailto:ssstriathlon@outlook.com), 07826405284

**Registration:**

- Please see the Athlete Information Guide provided from the Race Organiser.
- Please note that matriculation cards must be shown at registration.
- No entries will be accepted on the day
- Please remember the clocks are changing!

**Equipment Regulations:** Please see the Athlete Information Guide provided from the Race Organiser.

**Medals and Ceremony:** Prize giving for the non-drafting race (SSS Duathlon Championships) will take place at 1345.

Please be aware that SSS have a medal policy which requires all medals to be 'won' in order for them to be awarded. This means there must be a minimum of four competitors in a category in order to award a bronze medal. If there are only three competitors in a category, there has not been a competition to 'win' the Bronze, therefore only Gold and Silver medals will be awarded

**Changing Room access:** N/A

**Withdrawal Policy:** If you no longer intend to participate, please contact the event organiser as soon as possible. Upon entry, you accepted the SSS Terms and Conditions so please refer to this for information on the SSS Refund Policy.

**How To Get There:** Please see the Athlete Information Guide provided from the Race Organiser.

**Facilities at Venue:** There will be refreshments available at the finish line. This will include: water, Active Root, a FUEL 10k oat bar or cookie and a Fyffe's banana.

**Rules and Regulations:** The race will be conducted under British Triathlon Competition Rules.

**Questions:** Please direct all questions to Kirstin Bamford.

**Social Media:** We love to hear your experiences at our events, so please tag us @ScotStuSport on Facebook, Twitter and Instagram! Please also use the hashtag: #ScotStuTriathlon

**Photography:** If there is a photographer at the event, we will share the photos on our Facebook page – so make sure you like it to get the updates!

**Date Last Updated:** 22nd March 2023



Scottish Student Sport are looking to reduce the environmental impact of their events.  
Please bring your own reusable water bottle and recycle wherever possible