

Scottish Student Athletics Opening Match

Wednesday 11th October 2023
Emirates Arena, Glasgow, G40 3HG

TRACK EVENTS			FIELD EVENTS		
1200	60mH Heats	F then M	1200	Pole Vault	M/F Combined
1210	400m Heats	M/F	1200	Long Jump	F
1230	60m Heats	M/F	1300	Long Jump	M
1310	1500m Heats	M/F	1400	Shot Putt	F
1330	60mH Finals (if required)	M/F			
1335	60m Final	M/F			
1345	400m Final	M/F			
1400 – 1430 INTERVAL					
1430	800m Heats	M/F	1430	Triple Jump	M/F Combined
1500	200m Heats	M/F	1500	Shot Putt	M
1550	3000m Final	M/F	1530	High Jump	M/F Combined
1605	1500m Final (if required)	M/F			
1615	200m Final	M/F			
1630	800m Final	M/F			
1645	4x200m Relay	M/F			
1655	4x400m Relay	M/F			
1730 PRESENTATIONS					

Important Information:

- 1) Maximum two rounds for each track event (one round for the 3000m). For events that have a large number of heats there will be an A and B Final, with top qualifiers contesting the A Final
- 2) Please listen for announcements for any timetable changes. The timetable has been prepared based on the number of athletes who usually take part and may require alteration on the day depending on the turnout. If Heats are not required the Final will run at Heat time
- 3) Numbers, as issued, must be worn front and back (only one number is required from PV and HJ)
- 4) Hurdles warm up should take place on the track. No other warm ups are permitted on the track
- 5) If a jump event coincides with a track event, please mark your run up before the Track event
- 6) Please cooperate with the officials who have given their own time to make the competition happen
- 7) Declarations open at 10am and close 60 minutes before event start time
- 8) Relay entries close at 3pm
- 9) This event is held under UK Athletics Rules and scottishathletics Licence