

**Scottish Student Karate
Online Kata Competition Winter 2023
Participant Guidance**

Dates for your diary

11th September: submissions go live

13th November at 9am: deadline for all submissions (participants)

W/b 20th November: End of Competition Results & Online Social (exact date TBC)

Categories

Men

Senior kata (open to anyone who would like to enter)

Novice kata (10th kyu – 4th kyu, heian or pinan kata only)

Women

Senior kata (open to anyone who would like to enter)

Novice kata (10th kyu – 4th kyu, heian or pinan kata only)

We ask that clubs respect the friendly nature of the competition and make a fair choice when choosing their category; there aren't any medals anyway – you will win pride and glory for your club instead!

Para

We welcome entries from anyone with a disability and have provided a Para category within the above-listed categories, for this reason. If you have any questions about how to compete in the Para categories, please email scotstukarate@gmail.com.

Entry Limit

Everyone may submit a maximum of three entries per category. Novices can enter both the novice and senior categories if they wish to attempt a senior kata.

If multiple videos are submitted by a participant, only the kata which receives the highest score will be used in the competition rankings. However, all videos will receive feedback

Entry Cost

FREE – no entry fees for students

Guests* - £5

**Relates to students at institutions not affiliated to SSS only. We will not accept entries from non-students*



Competition Format

- You are to submit your entry/entries within a 2-week deadline
- Entries will be judged by our team of judges and we will let you know the results at our social
- Some judges may provide feedback; you are welcome to request feedback on your kata if you wish

Rules

- At the beginning of your video, please clearly state your name, Student Club, karate style (i.e. Shotokan) and name of Kata
- Gis are now allowed as we are back to in-person training. However, we recognise that some newer members may not have gis yet and will ask our judges to take this into account when judging (we all know kata looks better in a gi)
- Try to ensure your video is of a reasonable quality so the judges can see it. We recommend you place your camera/phone at a diagonal angle; think where a referee might sit when you're on the mat:

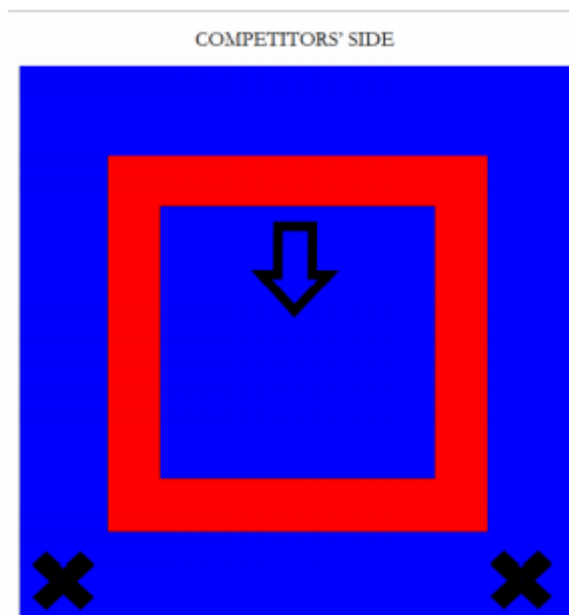


Diagram provided by the University of Edinburgh karate club; the X's indicate where you may wish to place your camera.

- Don't edit your video. Even if you do really, really like that dog filter. Don't do it
- HAVE FUN.

Judging

- This event will use peer-review judging, via a points-based ranking system. Each club will be invited to nominate judges to support the event; why not contact some of your club alumni to involve them?
- The Karate Chair and SSS Event Coordinator will have oversight of judge allocations to ensure fairness
- Final standings will be confirmed by the Karate Chair and SSS Event Coordinator, and the results will be announced at the end of competition Social

Terms and Conditions

- By entering this competition, it is assumed you have thoroughly read the Participant Guidance document
- You choose to enter this event at your own risk and no responsibility whatsoever shall be attached to any person involved in the organisation of the event for any injury, accidents, loss or damage suffered
- It is your responsibility to ensure you participate in a safe space for activity and in compliance with all government guidelines
- Please read the [SSS Event Terms and Conditions](#) for a full breakdown of Ts and Cs

How to Enter/Submit Your Video

Step 1: Upload your video as 'Unlisted' to YouTube (click [HERE](#) for a tutorial on how to do this)

Step 2: Please name your video as Your Name, Your Club Name, Your Category

Step 3: Click this [LINK](#) and fill in the form – pasting the link to your unlisted YouTube video when asked

Step 4: Double-check you have pasted the correct link on the form before submitting!

Step 5: Repeat if you are submitting more than one video

Step 6: Relax and wait to hear the results at the end of competition social!

Questions

If at any point during the process you have any questions, please email scotstukarate@gmail.com

